

METRO HEALTH NEWSLETTER

FEBRUARY 2023

ORGANIZATIONAL UPDATES



- *Launch of Medical Respite program at Men's Shelter*
- *Staff Townhall Meeting 2.21.2023 at 12:30 PM- [join here](#)*
- *Maintaining and enhancing relationships with Howard University Hospital and Avita Pharmacy to reach the projected goals for 2023.*
- *Reinstatement of The Collaborative Way to practice how we are supposed to work together coming from different backgrounds and expectations.*
- *Welcome our New team member - Dr Rhondee Baldi.*



COVID-19 UPDATES

New Year, Same Variant!
SARS-CoV-2 is constantly changing and accumulating mutations in its genetic code over time. New variants of SARS-CoV-2 are expected to continue to emerge. Some variants will emerge and disappear, while others will emerge and continue to spread and may replace previous variants. Many people in the U.S. have some protection, or immunity, against COVID-19 due to vaccination, previous infection, or both. This immunity, combined with the availability of tests and treatments, has greatly reduced the risk of severe illness, hospitalization, and death. At the same time, people who are older, immunocompromised, or have underlying health conditions continue to be at higher risk for serious illness. [Learn more](#) about the factors that can affect your risk of getting very sick from COVID-19 to better understand how it could affect you and others around you.

METRO HEALTH SUPPORT GROUPS

Long Term Survivors Chat and Chew is a Support group sponsored by Metro Health DC for Persons Living With HIV centered on topics and issues that affect Long Term Survivors of HIV and their supporters. Contact: Reginald Williams.

My Sister and Me is a support group for Women sponsored by Metro Health DC for women, centered on topics and issues about women's health and wellness. Contact: Keiva Young.

If you are in need of Case Management Services or know a person in need of the following services (\$300 Food Vouchers, Emergency Financial Assistance, ADAP) please reach out to one of our case managers.



*Staff Birthdays:
February 21: Shayla Graham-Brock*

Let's wish Dr. Brock the very best on her birthday and everything good in the year ahead!

MetroHEALTH
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